

WELCOME to our 2nd Professionals Newsletter!

WE ARE STILL OPEN!

If you know a family that needs our support, one of our friendly team would be happy to help!

Please pass on our details:

Tel: 07867 568339

Email: info@sharingparenting.com

www.sharingparenting.com

We are happy to chat to professionals too!

To receive our regular newsletters please contact us so we can add your name to our database. Please also forward this newsletter to other professionals you know.

Professional Courses

We plan to safely resume our professional courses in the Autumn term. If you are interested in professional development please see our website or follow the link below for our new course dates. What's Coming Up for Professionals.





Family Resource packs



Our Family Resource Packs have proved very popular. Our first 100 packs (funded by Suffolk Community Foundation) have been delivered across West Suffolk to isolated

families. We have received very positive feedback from families on the door step (socially distanced of course) and through our social media channels.

We are delighted to announce we have received further funding for another 150 activities packs from the Lottery Fund. Rich, one of our Outreach Workers is busy sorting through the referrals and arranging safe delivery of the packs.

If you would like to make a referral for a family to receive a pack please email.

<u>outreach@sharingparenting.com</u>.

Find the Fun, Play Project

We are excited to announce we are starting a play project to support vulnerable and isolated families.

This will include family play sessions, 'Let's Play' parenting courses and play publications. The project is in its early stages and with social distancing in place we need to consider how sessions can take place safely across the Summer and Autumn term.

One proposed option is to run the sessions in schools. If you would like to know more about the project please get in touch info@sharingparenting.com

and keep an eye on our website.

"Thank you so much for the packs you have already delivered to our families they have been so pleased"



"A big thank you to whichever lovely person dropped off the sharing parenting pack on our doorstep! I am hoping it'll help Noah with the meltdowns we are currently working through and when I told him that it was from his school his face lit up"



NEW Online Notice Board

Have you seen our new <u>online notice board/Padlet?</u>
This is a way for families to feel connected with the community. Parents are invited to add their comments and children's achievements. Professionals are invited to add their positive feedback too.

We were delighted when the children from Laureate Community Academy and All Saints CE Primary schools in Newmarket coloured in some positive statements, which we have added to the board and are also displayed in Tesco, Newmarket to boost moral of all shoppers ©

If children from your school, or families you work with would like to add to the board please take a look HERE.

Social Media

You can find us on <u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u>, and <u>LinkedIn</u>. If you use LinkedIn please invite one of the <u>Sharing Parenting team</u> or if you have a professional social media page please invite Sharing Parenting and we will stay up to date with your information too.

We post daily and include lots of tips and ideas. If you have something you would like us to share via our social media pages to support your families please email or message us!

You Tube

We continue to post videos on our <u>You Tube</u> channel. Great for parents to easily access support in a visual form. Our most recent topics are:

Managing Anxiety

Choices and Consequences









Choices and Consequences with Sharing Parenting

Virtual Drop In

We have also started running a virtual drop in via Facebook Live. These also include taster sessions. The virtual drop ins take the place on the 1st Thursday of each month at 1.00-1.30pm. The sessions will then be available on our Facebook page under videos.

Please tune in and add your comments and let your parents know.

Website

Our <u>Online Courses</u> continue to be free and without a password, so please share the details with any families you know that you would usually signpost to our Raising Children course.

News/Blogs

You, and families you know, can find lots of topical news articles and blogs on our website. We add new ones regularly. Our most recent blogs include:

Conversation starter ideas

Back to school after lockdown/ Social Anxiety

Stay safe, from the Sharing Parenting Team











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