



## 'Find the Fun' this summer with Sharing Parenting

### JULY

20 <sup>th</sup>	21 <sup>st</sup>	22 <sup>nd</sup>	23 <sup>rd</sup> 'Alphabet Walk' Look for something beginning with every letter.	24 <sup>th</sup>	25 <sup>th</sup> Try a new recipe	26 <sup>th</sup>
27 <sup>th</sup> Find a free museum near you and take a look.	28 <sup>th</sup>	29 <sup>th</sup>	30 <sup>th</sup> <a href="#">FREE Family Treasure Trail in NEWMARKET</a> 2-4pm	31 <sup>st</sup>		Make a paper aeroplane and see how far it can fly.

### AUGUST

					1 <sup>st</sup>	2 <sup>nd</sup>
3 <sup>rd</sup>	4 <sup>th</sup> Make a 'camp' in or out of your home with an old sheet or blanket.	5 <sup>th</sup>	6 <sup>th</sup> <a href="#">FREE Family Treasure Trail in MILDENHALL</a> 2-4pm	7 <sup>th</sup>	8 <sup>th</sup> Go for a walk how many birds you see?	9 <sup>th</sup>
10 <sup>th</sup> Create a show for your family.	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup> <a href="#">FREE Family Treasure Trail in LAKENHEATH</a> 2-4pm	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup> Make a Kite from paper and string
17 <sup>th</sup>	18 <sup>th</sup> <a href="#">Frisbe Golf LAKENHEATH</a>	19 <sup>th</sup>	20 <sup>th</sup> <a href="#">FREE Family Treasure Trail in BRANDON</a> 2-4pm	21 <sup>st</sup>	22 <sup>nd</sup>	23 <sup>rd</sup> No Screen Day! Play some board games.
24 <sup>th</sup>	25 <sup>th</sup>	26 <sup>th</sup> Find some chalk and decorate the patio!	27 <sup>th</sup>	28 <sup>th</sup> Create your own art gallery with your paintings and drawings	29 <sup>th</sup>	30 <sup>th</sup>
31 <sup>st</sup> Movie Day!						

See our website for more ideas and parenting tips [www.sharingparenting.com](http://www.sharingparenting.com)