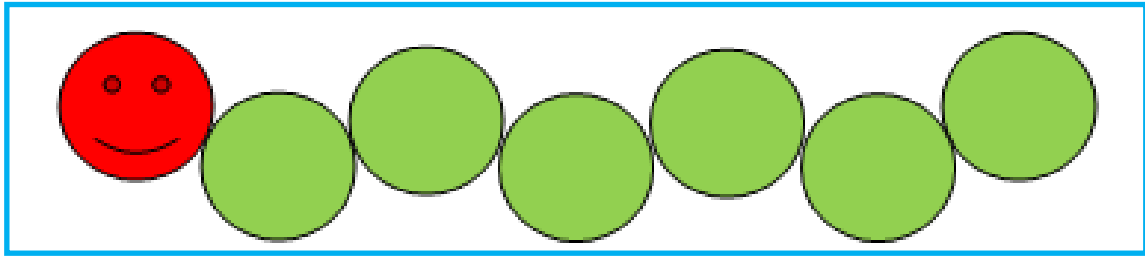


THE



HUNGRY CATERPILLAR READING CAFÉ

Ten Tips to ENCOURAGE reading at home

JUST 10 MINUTES A DAY!

Research has shown that children who read for pleasure every day

- perform better in reading tests
- develop a broader vocabulary
- increase their general knowledge
- develop a better understanding of other cultures.

As little as 10 minutes a day can make a significant difference to a child's achievement levels.

1) Make books part of your family!

Always have books on hand so you and your child are ready to read whenever there is a chance. You don't need hundreds of books, just a good selection.

The charity shop is a great place to pick up cheap books!



2) Join the local library.

The choice is enormous! Allow your child to **choose their own books**, encourage their own interests.

3) ALL reading is GOOD.

Don't discount **non-fiction, comics, magazines, leaflets.**

Reading is reading and it is all beneficial. Help them find the right reading material to suit them.

4) Get COMFORTABLE.

Snuggle together somewhere warm and cosy. Or make sure they have somewhere comfy when reading alone.

Have a snack and a drink and go to the loo first too!

Turn off the TV and put your phone in another room!



5) Ask questions.

To keep them interested in the story, ask "What do you think will happen next?" or ask if they can remember what happened before, or what parts of the story they really like or dislike.

6) Read whenever you get the chance.

Bring along a book or magazine for any time you might be waiting. At the **doctors**, or **dentist** - anywhere you have to sit and wait.

7) Listen together.

Try audio books in the car or during meal times - this is a great way to build a love of stories and improve listening skills. Local libraries often have a good selection.



8) Bedtime stories!

Develop a routine to regularly read together at bedtime. It's a great way to end the day and spend valuable time with your child. **Take it in turns to read** - one night you read to them, the next night get them to read a bit from their reading book first.

9) Rhyme and Repetition.

Rhyme and repetition books are great for encouraging your child to **join in** and **remember the words**.

10) Make it fun!

Enjoy reading together. Show your child that reading can be a **great way to spend free time**, rather than just something that has to be done in school. Why not build an audience of soft toys to add to the theatre!



Sharing Parenting



develops inspirational programmes for parents, families and professionals, created from a wealth of experience and passion for working with parents. Visit our website for a comprehensive list of all the programmes with have on offer.

www.sharingparenting.com

Useful links:

www.lovereadings4kids.co.uk

www.booktrust.org.uk

www.wordsforlife.org.uk



**“If your child reads,
they will succeed - it’s that simple!”**

Bali Rai, Children’s Author

© 2017

Created in partnership with Forest Heath Schools