

Time Out Tuesdays
1 Hour Workshops - Online via ZOOM - 10am to 11am

AUTUMN 2021

21 September – True Colours for Parents
28 September – Sibling Rivalry 1
5 October – Sibling Rivalry 2
12 October – True Colours for Children
19 October – Outside the Box
9 November – Outside the Box
16 November – Building Resilience 1
23 November – Building Resilience 2
30 November – Raising Teens
7 December – Managing Stress & Anxiety

SPRING 2022

18 January – Raising Teens
25 January – Birth Order
1 February – Parenting Styles
8 February – Labelling
15 February – SEN Toolbox
1 March – 6 Steps to Success for Life
8 March – 6 Steps to Success for Life
15 March – True Colours
22 March – The Road Ahead
29 March – Raising Teens

SEN Support Group

Various locations in the community
Mondays, Tuesdays, Wednesdays

Contact clare@sharingparenting.com
for more information

Facebook Live

Nina will host a
Facebook Live Session
Last Wednesday of every month
Term Time Only

Raising Children 10 Week Course

Online via Zoom
Thursday EVENINGS
Starting 20 January - 6:45pm to 8:15pm

The Road Ahead

Watch this space for The Road Ahead
coming Summer Term 2022
Contact info@sharingparenting.com for
more information

*If you would like to join our mailing list to
receive regular updates please email
info@sharingparenting.com*



To book a place or for more information on all the **FREE** support available:
Visit: www.sharingparenting.com
Email: info@sharingparenting.com