

# SEND resources

## Links you may find helpful

<https://www.gov.uk/government/publications/send-guide-for-parents-and-carers>

Government a guide on the support system for children and young people with special educational needs and disability (SEND).

<https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/home.page>

Suffolk info link-local offer, well being hub

<https://www.autismlittlelearners.com/>

Resources and ideas for families and educators

<https://www.specialneedsjungle.com/>

Parent led information, resources and informed opinion about children and young people age 0-25

<https://www.ipsea.org.uk/>

Independent Provider of Special Education Advice

offers free and independent legally based **information, advice and support** to help get the right education for children and young people with all kinds of special educational needs and disabilities (SEND). We also provide **training** on the SEND legal framework to parents and carers, professionals and other organisations.

<https://www.senresourcesource.co.uk/freebies>

Page of visual resources

<https://spcn.org.uk/>

Suffolk Parent Carer Network (SPCN) is a group of parents and carers of children with additional needs and/or disabilities who work with education, health and care services to make sure the services they plan and deliver are fit for purpose and meet the needs of children, young people and their families across Suffolk

<https://www.stephstwogirls.co.uk/2020/04/this-is-our-autistic-girl-world-autism.html>

Blog from a mum with 2 daughters and experience with PDA

<https://www.carersuk.org/>

Page giving information for carers

<https://www.contact.org.uk/>

Loads of help and advice

<https://skybadger.co.uk/>

Page with helpful advice to filling out forms etc

<https://www.access-unlimited.co.uk/activitiesunlimited/>

Access to grants for activities and holidays

<https://www.familyfund.org.uk/>

Grants for families


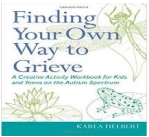

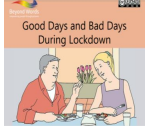
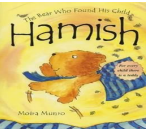
<https://www.pinpoint-cambs.org.uk/>

Support for parents from parents


<https://www.pinpoint-cambs.org.uk/>

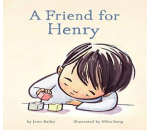

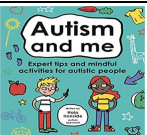
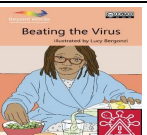
Events, sessions and support

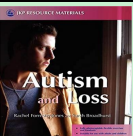
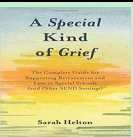
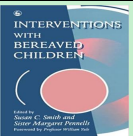
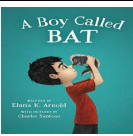
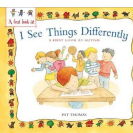
## Book List

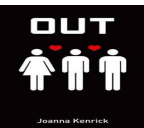
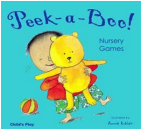
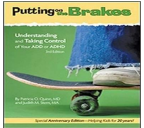
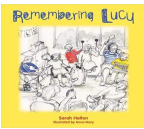

Can you see me? - Libby Scott		Being me and self-esteem, Friendships and social skills, Transition & change	With diary entries written by eleven-year-old Libby Scott, based on her own experiences of autism, this pioneering book, written in collaboration with esteemed author Rebecca Westcott, has been widely praised for its realistic portrayal of autism. Tally is eleven years old and she's just like her friends. Well, sometimes she is. If she tries really hard to be. Because there's something that makes Tally not the same as her friends. Something she can't cover up, no matter how hard she tries: Tally is autistic. Tally's autism means there are things that bother her even though she wishes they didn't. It means that some people misunderstand her and feel frustrated by her. People think that because Tally's autistic, she doesn't realise what they're thinking, but Tally sees and hears - and notices - all of it. And, honestly? That's not the easiest thing to live with.	Unspecified	Books for Topics and The Book Trust
Finding your own way to grieve - Karla Helbert		Bereavement and loss	Children and teenagers with autism can struggle to cope with the loss of a loved one, and the complicated and painful emotions of bereavement. This book explains death in concrete terms that the child with autism will understand, explores feelings that the child may encounter as a part of bereavement, and offers creative and expressive activities that facilitate healing. With illustrations throughout, this interactive book begins with a simple story about what happens when people die.	Unspecified	PSHE Facebook support groups
Freya's funny feeling - Samia Qudus & Rahima Begum		Transition and change	"This book is a must for any environment involving children. It helps the reader deal with any situation where a child might feel uneasy or nervous. Beautiful illustrations and the perfect storyline. Freya is just charming and very relatable. A useful SEN tool too."	Unspecified	Books for Topics
Good days and bad days during lockdown - Beyond Words		COVID-19	A wordless booklet with scenes from existing Beyond Words stories looking at what makes a 'good day' and what makes a 'bad day'. Scenes address social distancing, lockdown, mental health and daily routines.	Unspecified	PSHE Facebook support groups
Hamish: The bear who found his child - Moria Munro		Being inclusive	Wheelchair-using teddies (quite rightly) blend effortlessly into the landscape, as the toys have fun while the humans aren't looking in this book. Also recommended is the subsequent Hamish and the Missing Teddy.	5+	The Book Trust

Harriett versus the galaxy - Samantha Baines		Being inclusive	When 10-year-old Harriett is rummaging under her bed hunting for her hearing aid, the last thing she expects to find instead is an alien. It's a sock-munching alien from planet Janet. But what is it doing under her bed? And could it be that this isn't the only intergalactic visitor? Perhaps Harriett's mild-mannered, tea-sipping, sock-knitting gran knows more about the alien invasion than she is letting on. It's not long before Harriett finds herself working alongside her gran to defend the human race from an array of extra-terrestrial characters, intent on stealing more than just socks. A rare and welcome example a female protagonist who just happens to be hearing impaired without this being the focus. Different family structures and gender identities (Harriett's new friend Robin is non-binary) are also incidentally included.	7+	The Book Trust
Just because - Rebecca Elliott		Being inclusive	Clemmie is severely disabled, but there is no sense of pity or pathos about the book, rather a feeling of equality and mutual appreciation and respect. All the things she cannot do (such as walking or talking) are described matter-of-factly alongside the fact that she can't cook macaroni or pilot a plane either. To Toby, she is definitely the best sister in the world – she's kind, she doesn't eat his crayons and she never pulls his hair like some big sisters do. Plus, they can fly to the moon together and she comforts him when there's a thunderstorm. Elliott (herself a parent of a disabled child) has succeeded in creating a book which is touching and yet not over-sentimental.	6+	The Book Trust
Lightening chase me home - Amber Lee Dodd		Friendships and social skills (bullying)	Amelia lives with her father, grandfather and dog in a weatherbeaten house on the small Scottish island of Dark Muir. It's an island steeped in myths and legends, and with a permanent sense of a storm brewing, no matter the season. On her eleventh birthday, and in island tradition, Amelia makes a wish on the mystical Serpent's Tooth Rock. Almost immediately, odd things begin to happen and it becomes apparent that her particular wish (to see her absent mother again) has awoken a strange and deeply powerful magic. Its appealing heroine wrestles with the challenges of dyslexia, a new school, an unpleasant bully and a grandparent with dementia, while ultimately trying to solve the mystery of Serpent's Tooth Rock.	9 to 12	The Book Trust
Mama zooms - Jane Cowen-Fletcher		Families and people who care for me	A little boy takes great delight as he sits on his mother's zooming machine-her lap-in her wheelchair, and she becomes a train, a buckboard wagon, a spaceship, and other machines, in a story that addresses the issue of a disabled parent.	Unspecified	PSHE Facebook support groups
Mary had a little lamb - Marina Aizen		Being inclusive	Being inclusive isn't only about featuring disabled characters as heroes and protagonists, but also about simply including disability as part of the natural landscape of children's books. This lovely book is one of many by Child's Play, undeniable experts in creating delightful early years books which reflect the true diversity of society in a natural and uncontrived way. In this particular example, the cast of lively little characters happens to include a child with a hearing aid and another using a wheelchair (shown playing both in and out of her wheelchair).	4+	The Book Trust

Max the champion - Sean Stockdale and Alexandra Strick		Being inclusive	Max the Champion is emphatically not about disability. It's about a boy who loves sport, his friends and school. Throughout the story, we are shown a diverse cast of characters. From people signing, a guide dog user to, a judge with a foreshortened arm, and a crowd member who has Cherubism and another who is oxygen dependent. We even discover part way through the book that Max wears a hearing aid and uses an asthma inhaler. Even Max's dream sequences are inclusive, with adaptive skiing and cycling equipment. Imagine – equipment which we're much more familiar with following the 2012 Paralympic Games. We're also shown people of varying heritage and culture, active older characters, girls and boys, men and women, all in equal roles.	5+	The Book Trust
Me and my sister - Rose Robbins		Family Lives	Offering a suitably balanced picture, we also see both the high's and low's – even the squabbling and occasional sense of injustice, inevitable in any sibling dynamic. And reassuringly, we see that, ultimately, the relationship is one of mutual love. The book is based on Robbins' own experience of life with an autistic sibling. However, while certain aspects such as the meltdown at a bus stop or the disliking of hugs may perhaps ring particularly true within some families, there is no direct reference to autism in the text itself, allowing young readers to draw their own conclusions and relate the book to their own unique experiences. It offers any child an important reminder that there are always positive and negative aspects to a sibling relationship, any family structure, and indeed any friendship.	5+	The Book Trust
My brother Charlie - Holly Robinson-Peete & Ryan Elizabeth Peete		Families and people who care for me	Charlie has autism. His brain works in a special way. It's harder for him to make friends. Or show his true feelings. Or stay safe. But as his big sister tells us, for everything that Charlie can't do well, there are plenty more things that he's good at. Actress and national autism spokesperson Holly Robinson Peete collaborates with her daughter on this book based on Holly's 10-year-old son, who has autism.	Unspecified	PSHE Facebook support groups
My brother Sammy - Becky and David Armitage		Family lives	If only his brother was "normal". Mum says that Sammy is "special" but the narrator doesn't want a special brother. He describes a roller coaster of different feelings – loneliness and frustration, sadness and anger, embarrassment and guilt. With beautiful colour-wash artwork, this picture is a gentle, honest and ultimately positive look at life with autism.	6+	The Book Trust
My first animal signs - Anthony Lewis		Being inclusive	One of the series of board books introducing useful words - delightful illustrations show children signing the words.	2 to 5	The Book Trust

A friend for Henry - Jenn Bailey		Friendships and social skills	In Classroom Six, second left down the hall, Henry has been on the lookout for a friend. A friend who shares. A friend who listens. Maybe even a friend who likes things to stay the same and all in order, as Henry does. But on a day full of too close and too loud, when nothing seems to go right, will Henry ever find a friend—or will a friend find him? With insight and warmth, this heartfelt story from the perspective of a boy on the autism spectrum celebrates the everyday magic of friendship.	Primary and SEND	PSHE Facebook support groups
Amazing - Steve Antony		Being inclusive	Some children have cats. Some children have dogs. I have a dragon. So begins the story of a little boy and his amazing pet. Through gloriously larger-than-life illustrations, we see the pair enjoying all sorts of activities – hide and seek with friends, dancing, going to the library, playing basketball, making music and raiding the fridge. Author-illustrator Steve Antony's past experience as a part-time support worker in an art college allowed him to get to know a number of disabled students, all of whom who clearly made a significant impression on him, inspiring the wheelchair in this book. Antony's very genuine understanding of the preconceptions that disabled people can encounter ensures that any messages are spot-on; the approach empowering, understated and unpreachy.	EYFS and KS1	The Book Trust
Autism and me: Expert tips and mindful activities for autistic people - Haia Ironside		Being inclusive	You can share this book with important people such as family and friends. The activities in this book explore what it means to be autistic. It is full of fun activities including colouring, drawing and DIY. The activities are designed for autistic people and their friends and family to enjoy. Some ideas might be useful to practice outside of the book in real life, every day situations. There is also guidance for parents and caregivers. This book was written by Haia Ironside. Haia recently completed her master's degree in Autism Studies. She is also a teacher and has extensive experience working with autistic children and their families and caregivers.	Unspecified	Primary PSHE Subject Leaders Facebook group
Beating the virus - Beyond Words Series		COVID-19	A short wordless story, that will help people to understand what to do if you have Coronavirus and how to keep yourself and those who you care about safe. The story also shows how to safely help others who may be self-isolating. Supplementary text at the end of the story gives information on where people can seek help if they are unwell and signposts to other useful resources.	Unspecified	PSHE Facebook support groups
Bryan has dyslexia - Woody Fox		Being inclusive	Not knowing his left from his right, and his bad headaches are also adding to his problems. Then, with some help from Dr Spot and a specialist teacher, the cause is found to be dyslexia and a range of new and fun solutions help Brian understand the condition and overcome many of the challenges it brings. One of Jenny Leigh's excellent Doctor Spot series, the book is full of bright illustrations and contains a valuable advice section for adults at the back.	4+	The Book Trust

Book:	Topic area:	Description:	Age range:	Source:
Autism and loss - Rachel Forrester-Jones and Sarah Broadhurst 	Bereavement and loss	Autism and Loss is a complete resource that covers a variety of kinds of loss, including bereavement, loss of friends or staff, loss of home or possessions and loss of health. Rooted in the latest research on loss and autism, yet written in an accessible style, the resource includes a wealth of factsheets and practical tools that provide formal and informal carers with authoritative, tried and tested guidance.	Teachers - SEND	PSHE Facebook support groups
A Special Kind of Grief: The Complete Guide for Supporting Bereavement and Loss in Special Schools (and Other SEND Settings) - Sarah Helton 	Bereavement and loss	Children with SEND especially those in special schools, often experience grief at a much younger age than others, as some of their peers are more likely to have life-limiting medical conditions. Yet many adults do not know the best way to support a grieving child with SEND. This book provides all the resources that educational professionals need to ensure their community is fully prepared to acknowledge and support pupil bereavement and loss.	Teachers - SEND	PSHE Facebook support groups
Interventions with bereaved children - Susan.C.Smith & Sister Margaret Pennells 	Bereavement and loss	A resource with lots of practical ideas. Twenty contributors share effective ways of supporting and helping bereaved children. Chapter 13 is titled, "Helping Families and Professionals to Work with Children who have Learning Difficulties."	Teachers - SEND	PSHE Facebook support groups
A boy called Bat - Elana.K.Arnold 	Being inclusive	For Bixby Alexander Tam (nicknamed Bat), life tends to be full of surprises—some of them good, some not so good (starring a young boy on the autism spectrum). Today, though, is a good-surprise day. Bat's mom, a veterinarian, has brought home a baby skunk, which she needs to take care of until she can hand him over to a wild-animal shelter. But the minute Bat meets the kit, he knows they belong together. And he's got one month to show his mom that a baby skunk might just make a pretty terrific pet.	Unspecified	PSHE Facebook support groups
A First Look At: Autism: I See Things Differently - Pat Thomas 	Being inclusive	This reassuring picture book explains what autism is in simple terms, helping children with siblings or classmates with autism understand what everyday life feels like from a child with autism's perspective. The superb A First Look At series consists of a number of information books that give advice and promote interaction between children, parents, and teachers on a wide variety of personal, social and emotional issues. They are excellent tools to encourage classroom discussions.	Primary	Waterstones

Out - Joanna Kenrick		Gender and sexual identity/orientation	When Natalie falls in love with her best friend Will, she doesn't know how to tell him. But just as she's plucked up the courage to confess how she feels, Will shares his own secret - he's gay and has fallen for another classmate, Paul. Should Will come out and tell the truth about his sexuality? And should Natalie tell him how she really feels? This thoughtful story for teenagers is dyslexia-friendly and particularly aimed towards less confident readers. However although it's a quick and simple read, Kendrick does justice to the complex feelings and emotions of the characters as they deal with the challenges of their changing relationships. Accompanied by black and white illustrations, this is a sensitive, satisfying and ultimately positive story about friendship, growing up and coming out	13+ and dyslexia friendly	The Book Trust
Peek-a-boo - Annie Kubler		Being inclusive	The exuberant characters include children on supported mats, a child with a leg splint and a parent with a hearing aid.	4+	The Book Trust
Putting on the Brakes: Understanding and Taking Control of Your ADD or ADHD - Patricia O. Quinn		Being me and self-esteem	Now in its 20th year of publication, Putting on the Brakes remains the essential go-to resource for kids, parents, and professionals looking for tips and techniques on managing attention disorders. This third edition is updated and revised throughout with the latest info, resources, medication types, and glossary terms on ADHD. Written by two nationally recognized ADHD experts, Putting on the Brakes is loaded with practical ways to improve organizational, focusing, studying, and homework skills and contains more strategies for making friends, controlling emotions, and being healthy. This book gives kids with ADHD the tools for success in and out of school and helps them to feel empowered to be the best they can be!	Unspecified	Suffolk Libraries
Remembering Lucy: A Story about Loss and Grief in a School - Sarah Helton		Bereavement and loss	Children with SEND often experience grief at a much younger age than other children. This touching short story will help children with SEND aged 3+ understand feelings caused by death and loss, and the beautiful hand drawn illustrations help convey the complex experience of bereavement in a simple and clear way. This book is an ideal aid for teachers and support staff at SEND schools and colleges.	3+	Macmillan
Song for a whale - Lynne Kelly		Being inclusive	Iris is the only Deaf girl at school and finds school life tedious. Then, in science class, her curiosity is aroused when their teacher tells them about a baleen whale whose unique 55-hertz frequency means he cannot communicate with other whales. Iris is fascinated. Using her passion for old radio equipment, she is determined to try to help the lonely whale, named Blue 55. The author's 25 years of experience of sign language teaching and her connection with the Deaf community shine through. The book subtly offers up multiple examples of common frustrations experienced by Deaf children, without ever becoming forced or worthy.	8+	The Book Trust

Through the eyes of me- Jon Roberts

Managing meltdowns and tantrums on the Autism spectrum- a parent and carers guide.  
By Jenna Ward-Hawkes and Melissa Rode

Is it onto ask questions about Autism?

By Abi Rawlins

Cards against Anxiety  
By Pooky Knightsmith

PDA syndrome- My daughter is not naughty.  
By Jane Alison Sherwin

I am an Aspie girl by Danuta Bulhak-Paterson

Through the Eyes of Us

