



WELCOME to our Autumn 2022 Professionals Newsletter

If you know a family that needs our support, one of our friendly team would be happy to help!

Please pass on our details:

Tel: 07867 568339

Email: info@sharingparenting.com

www.sharingparenting.com

We are happy to chat to professionals too!

To receive our regular newsletters please email info@sharingparenting.com so we can add your name to our database. Please also forward this newsletter to other professionals you know.

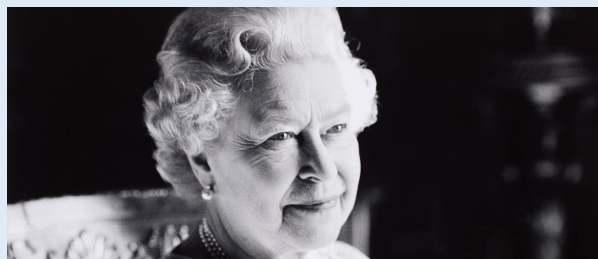
Talking to children about the death of the Queen

Our thoughts are with the Royal Family, and everyone who is experiencing feelings of grief and loss, following the Queen's death.

She was our longest serving Monarch and a Mother, a wife, a sister, an aunty, a grandmother and great grandmother.

Loosing such a prominent figure head may trigger feelings of previous loss or you, or the children you care for, may feel anxious about the future. We have put together some information and signposting on our website which you may find useful to share

www.sharingparenting.com/2022/09/13/how-to-talk-to-children-about-the-death-of-the-queen/



Helping YOUR Team Work Together

Do you have new staff this term or have you recently shuffled teams around?

Are your staff working together most effectively?

Join us on Zoom for a morning of fun and enlightenment on our [True Colours](#) Course on Wednesday 30th November.

This is a fun session for teams to recognise each other's strengths and differences, which can help them to work together better.

There's a saying 'It takes a village to raise a child' – we think it takes True Colours to raise an effective team.

We are offering this FREE day training to your organisation delivered by our very experienced Hannah.

Book your FREE place today and you will be one step closer to finding out if you are Blue, Orange, Green or Gold! Email info@sharingparenting.com



Would you like to be our Podcast Guest?

Sharing Parenting has joined the Podcast world to spread the positive parenting word!

At the time of printing this newsletter we have added our first session on our website here:

www.sharingparenting.com/2022/09/06/join-the-world-of-podcasting/ and Spotify and Apple Podcasts so far!

Titled 'Why do I feel as though I am failing?'

Each session features members of the Sharing Parenting Team sharing simple but effective tips and strategies for challenging behaviours - and is only 15-20 minutes long. Please share with your families and look out for more as we add them.

If you have a particular subject you would like us to talk about - **or you would like to join us as a guest speaker** please email us info@sharingparenting.com We would love to hear from you.



1 to 1 Support Returning to Training, Education or Employment

Hannah is busy meeting with adults who are thinking of getting back to education, training or work with the [Build Your Rainbow](#) project.

If you know someone who would like support getting back to work, training or education please contact: hannah@sharingparenting.com or they can meet her at the drop in sessions at **Ely Baby Bank** anytime from 10am-midday on certain Thursdays. For further dates please see our website: www.sharingparenting.com/for-parents/where-to-meet-us/



Drop in Opportunities

We have lots of drop ins where parents and carers can meet us in Newmarket.

New Baby Group in Newmarket

Nina will be meeting parents with their new babies (under 18 months old) at Foley House, 52 Wellington Road, Newmarket. CB8 0HY on **Thursdays (Term Time Only) from 1.00-2.00pm**

Please email nina@sharingparenting.com for more information.



Newmarket Leisure Soft Play

We will be at Newmarket Leisure soft play every **other Tuesday from 9.30-11.30am** for parenting questions and information.

Tesco Extra Newmarket, Community Room

We are at the Community Room (at the back of Tesco Newmarket near the bread and cakes - just a happy coincidence!) **every other Thursday from 1.00-3.00pm**

Parents can join us on **27th October for Halloween Card Making & 15th December for Christmas Card Making.**

What's On for Professionals?

We always have workshops and courses for professionals on offer (both face to face and via Zoom) - a great opportunity for Continuous Personal Development working with children and families.



We are running our [Raising Children Plus+](#) course (previously called Refresher Course) on **Tuesday 4th October** - a great way to re-engage parents who have attended the Raising Children Course before.

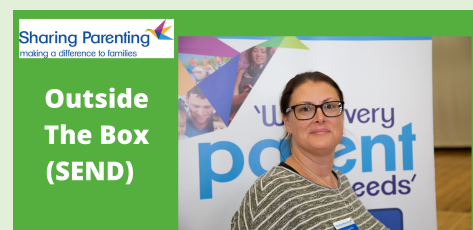
We can train your staff to deliver too

We can also train YOUR staff to deliver courses to YOUR families and/or we can come to your organisation and deliver workshops or drop ins directly to your families.

See our website for more information www.sharingparenting.com/for-professionals/whats-coming-up-for-professionals/ or email info@sharingparenting.com to let us know what you are interested in.

SEND (and BEFORE diagnosis)

Clare offers support to parents of children with Special Education Needs. She will support them even before an official diagnosis - which is commonly a difficult time for parents.



She holds regular face to face and online groups: www.sharingparenting.com/for-parents/send-support/ For all advice and support around SEND please contact clare@sharingparenting.com

Resources

Remember you (and the families you work with) can find lots of FREE Sharing Parenting resources:

***Online videos and vlogs** on [our website](#) and [You Tube](#)

[Channel](#)

***Facebook posts** for strategies, local What's On, information and more www.facebook.com/sharingparenting/

* **Facebook Live video sessions** - presentations about birth order, SEN toolbox, Sibling Rivalry and lots more

***SEN resources** and signposting opportunities www.sharingparenting.com/for-parents/send-support/

***English as a 2nd language support** and signposting www.sharingparenting.com/for-parents/where-to-meet-us/community-ambitions-newmarket-bilingual-parents-group/

***Community Sharing** - Photos and comments on our [Online Notice Board](#)

We also have a **LinkedIn** page! If you work with families please take a look and follow us at: [linkedin.com/company/13040560/admin/](https://www.linkedin.com/company/13040560/admin/)



Community Ambitions

Nina will be meeting women who speak English as a 2nd language at the Newmarket Women's International group at The Stable, 65 High Street, Newmarket on **Wednesday's (term time only) from 1.00-3.00pm.**

If you know a family who would like to meet other parents and pick up information and support please let them know about the group.

They may also wish to join our Community Ambitions Facebook Group - please scan the QR code (on the poster on the right hand side) to join.

They can also access FREE information (with translations) on our website www.sharingparenting.com/for-parents/where-to-meet-us/community-ambitions-newmarket-bilingual-parents-group/



making a difference to families



WEST SUFFOLK ALLIANCE
about people & places

Newmarket Women's International Group

Join us to get together with other women and families who speak English as a 2nd language.

Children are welcome to come along with their adult also.

DATE: Wednesdays (Term time only)
TIME: 1.00-3.00pm
VENUE: The Stable, High Street, Newmarket, CB8 6NA



Join our Facebook Group by using the QR code or search Community Ambitions Newmarket on Facebook.



For more information email us at info@sharingparenting.com or call 01638 665997



from the Sharing Parenting Team



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